## **Commemorating 40 years of Total Defence**

## Posted on 6 Feb 2024.

## Dear Parent/Guardian

As part of our nation's commemoration of 40 years of Total Defence (TD40) this year, our students will experience a food disruption simulation in school on 15 February 2024 during recess and lunch.

The TD40 Exercise will take place in all MOE schools, in line with nationwide Total Defence exercises taking place across various public agencies, business and community groups. It aims to prepare students to respond calmly to the ever-evolving threats and challenges to our nation and remind us how everyone in Singapore can work together and play our part in Total Defence, in order to remain a strong, united and resilient people.

Please be informed that the canteen will not serve any form of meat (e.g. chicken, fish, pork, beef, mutton and seafood) on that day. It simulates a food supply chain disruption which results in a shortage of meat, a popular source of protein in our diet. In such an event, only eggs, vegetables and starches (e.g. rice, noodles, pasta, bread) are available.

This is to encourage students to be flexible in food choices (e.g. eggs, vegetables and starches) and be open to protein alternatives in the event of such disruptions, given Singapore's reliance on food imports. Students are also encouraged not to bring any form of meat in their snack box.

As part of the exercise, students will reflect on their experience and share their thoughts and feelings with their classmates through a guided discussion. Parents/Guardians may wish to engage your child/ward in sharing his/her experience with you and reinforce the important role that everyone plays in Singapore's Total Defence effort.

For clarifications, please contact me (ng\_wei\_yin\_carrissa@schools.gov.sg) or Ms Rohasliza (rohasliza\_rohmadon@schools.gov.sg) at Tel: 6443 6848.

Thank you for your support for Total Defence.

Yours faithfully

Ms Lorraine Ng

HOD/CCE