

Mental Well-being Workshops for Parents

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Dear Parents,

The Health Promotion Board (HPB) is conducting workshops on Mental Well-Being for parents of 13 - 17 year olds. These workshops aim to empower parents as they head into the final term of the school year.

You may wish to access details on the workshops and registration via the link below:

<https://go.gov.sg/mhsec-sep24>

Thank you

Best regards

Ms Chan Wan Siong

Principal