

Welcome Message and Important Information for Secondary 1 CCA Rugby Training

Posted on 31 Jan 2024.

Dear Parents of Secondary 1 Rugby Boys,

Greetings from Damai Rugby Teachers:

1)Mr. Viknesh

2)Mr. Chen Jing Yang

3)Mr. Ray Ong

As we embark on an exciting journey with our new Secondary 1 Rugby team, we extend a warm welcome to each of you. It's our pleasure to have your child/ward in our Rugby team, and we are eagerly anticipating an exciting journey filled with growth, teamwork, and memorable experiences. For all Rugby training sessions, your child/ward should bring the following items to ensure a productive and safe session, come rain or shine:

Checklist of Items to Bring for Rugby:

- 1.Rugby Head Protection Wear (Optional)
- 2.School PE T-Shirt
- 3.School PE Shorts or Black Shorts
- 4.Water Bottle
- 5.Mouth guard
- 6.Proper socks
- 7.Rugby Boots
- 8.A pair of clean attire (Extra Damai P-shirt or plain black t-shirt)

Your support in ensuring that your child/ward comes prepared with these items will contribute significantly to their overall experience and the effectiveness of our training sessions. Most trainings will be conducted in the school field, but on rainy days, the team will train at the Indoor Sports Hall. Trainings will proceed, rain or shine. Do ensure we are well-equipped for any weather conditions.

For tomorrow's CCA session (1 February 2024), all Secondary One boys will assemble at the Atrium outside the General Office at 2:55 pm in their PE attire. Thereafter, they will be escorted by our Secondary 2 Rugby leaders to the training venue. The boys will be having an orientation in the classroom first before joining the rest of the CCA for training.

We look forward to our partnership ahead. Should you require any further clarification, feel free to reach me via my mobile number at 81619215.

Yours Sincerely, Mr. Viknesh

CCA Rugby Teacher I/C