

## **TRIPLE P LEVEL 2 WEBINARS (SECONDARY) EFFECTIVE PARENTING APPROACH TO RAISING YOUR TEEN**

Dear Parents/Guardians

We are pleased to inform you that Morning Star Community Services is conducting three Positive Parenting Programme (Triple P) Level 2 Webinars in January on the Effective Parenting Approach to Raising Your Teen. Morning Star Community Services is one of the parent support providers partnering MOE schools to deliver evidence-based programmes to equip parents with useful knowledge and skills to journey with their child.

Positive Parenting Programme (Triple P) is a parenting and family support strategy designed to prevent behavioural and emotional problems in children.

These webinars will introduce parents to the five core principles of positive parenting, strategies to teach children important values and help children learn social-emotional regulation skills.

Please refer to the details in the attachment.

**File attachment:**

[EDM Sec Run 1 \(Jan 2024\).pdf](#)